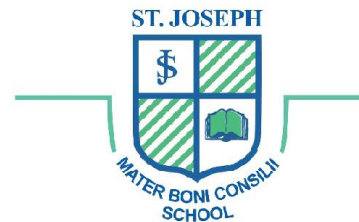


# ESG - Environmental Social Governance : Leading a Sustainable School

Ruth Mansueto  
Assistant Head  
Mater Boni Consilii  
St Joseph Paola



HSBC   
Malta Foundation



[www.21Academy.education](http://www.21Academy.education)



## Module 5 - Children/Youths as Proactive Citizens for a Healthy Planet

- Teaching pre-school children about sustainability – a practical approach

Toddlers – spend time in nature.

Check out any gardens, especially the botanical garden in Floriana (locally). Take walks in the gardens, appreciating trees and plants.

Outdoor lessons – Finnish example.

Visits to botanical gardens, Nature playgrounds.

Botanical gardens Floriana, Kitchen Gardens Attard.

Collecting flowers, leaves

Inspecting bugs – interest in insects

Selecting fruit, vegetables whilst shopping

Recycling – sort out the trash.



# Teaching school age children to teenagers



- a. Learn about animals.
- b. Read environmental books.
- c. Be selective about packaging – choose products with little packaging.
- d. Recycled art and crafts
- e. Plastic free lunch boxes
- f. Beach clean ups
- g. Water and energy conservation
- h. Food choices
- i. Food wastage
- j. Decluttering – giving away to others
- k. Reusables – reusable coffee cups
- l. Support home projects – sorting trash – recycling – small herb garden

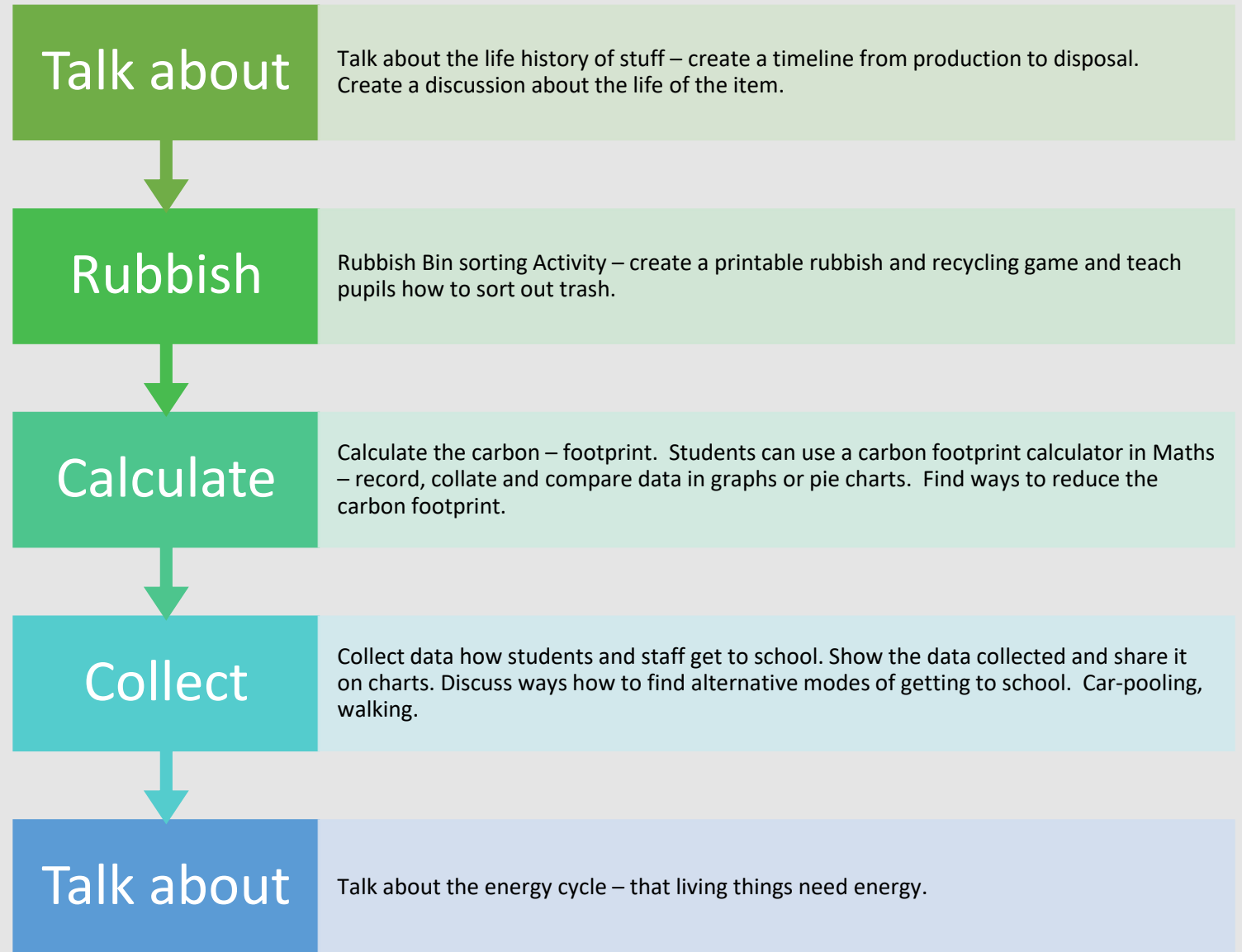
# Empowering students


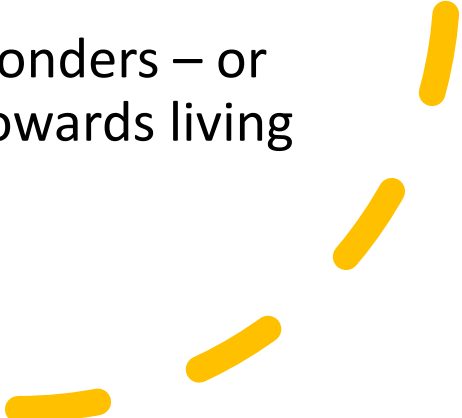
Teach to empower the students, to help them think of solutions – empower them to start with small actions so that they do not feel helpless.

They need to feel that they are making a difference.

Lead by example and show the how you live sustainably.

# 15 great ideas for the classroom



- 
- Energy free day challenge. Challenge the students and yourself to go without power for a day. Find ways and means how they can complete their lessons without electricity. Create awareness how much energy is being generated to complete lessons. Use of calculators, tablets, computers, interactive whiteboards, and air-conditioners.
  - Sustainability colouring booklet – how we can help the planet.
  - Build a class veggie – garden or window box.
  - Found object – create a story from a found object in nature
  - Find poems of the Earth – All the Wild Wonders – or books that set a sense of responsibility towards living things.
- 

- War on Waste documentary - Select snippets of the documentary for discussion –(for older students Year 7 -8)
- Talk about Ocean Rubbish – track the plastic <https://www.abc.net.au/btn/classroom/ocean-rubbish/10525896> video
- Invite local NGOs to talk about the environment FEE/ Nature Trust/ Dinja Wahda guest speakers.
- Share examples from Green Schools – Echo Schools
- Learn about sustainable goals SDGs through the United Nations resources website:
- <https://www.un.org/sustainabledevelopment/student-resources/>
- Which include storytelling, games, action heroes as well as stickers and Gifs in the form of animal ambassadors that can help to spread the word about sustainability through social media.
-

# Resources

- All resources are to be found on the links below:
- <https://www.teachstarter.com/au/blog/15-sustainability-activities-and-ideas-for-the-classroom/>
- 
- <https://www.plt.org/educator-tips/8-sustainability-activities-and-ideas-for-the-classroom/>
- <https://www.un.org/sustainabledevelopment/student-resources/>
- [How to teach kids of all ages about sustainability | HoneyKids Asia](#)

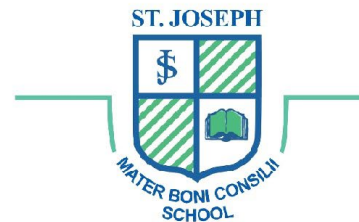


# Further Reading

- <https://www.cobis.org.uk/our-network/news/news-hub/news-demo-page/~board/migrated-news/post/the-planet-mark-certification-awarded-to-cobis>
- [GGE ESG-Report July-2020.pdf \(ggeedu.com\)](#)
- [Leading Sustainable Schools 130361.pdf \(bath.ac.uk\)](#)
- Senge, P (2003) Schools that Learn, Nicholas Brealey Publishing, London
- Harris, A. (2008) Distributed School Leadership: Developing Tomorrow's Leaders, London, Routledge, Falmer Press
- Teachernet (2007) Sustainable Schools <http://www.teachernet.gov.uk>
- <https://www.independent.com.mt/articles/2021-07-14/newspaper-opinions/A-national-strategy-for-education-for-sustainable-devel>
- [Education for Sustainable Development \(ESD\) - Nature Trust Malta](#)
- [EkoSkola Malta](#)
- [Lesson plans/Activities Archives - EkoSkola](#)
-

# ESG - Environmental Social Governance : Leading a Sustainable School

Ruth Mansueto  
Assistant Head  
Mater Boni Consilii  
St Joseph Paola



HSBC   
Malta Foundation



[www.21Academy.education](http://www.21Academy.education)